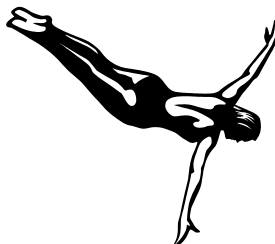


# Mary Schlegel's Memorial Springboard and Platform Diving Invitational

Saturday, June 24<sup>th</sup>, 2023

Sunday, June 25<sup>th</sup>, 2023



## Springboard and Platform Diving

Springboards! 1 and 3 meter

Platform/ Tower: 3 meter, 6.5 meter, (10 meter for senior and masters only)

8:00 am Warm up

9:00 am Start

### Saturday June 24<sup>th</sup>:

Age

10& under

11 – 14

Platform

N/A

2 dives

Springboard

3 dives

4 dives

### Sunday June 25<sup>th</sup>:

Age

15-18

Masters Men

Masters Women

Platform

3 dives

3 dives

3 dives

Springboard

5 dives

6 dives

5 dives

Springboard first dive: DD of 1.8 or lower (may repeat first category)

Platform: Front Dive required

### Awards

Springboard - Top 3 Men & Women in each age group

Platform - Top 3 Men & Women in each age group

**Registration: [www.Linvilla.com](http://www.Linvilla.com)**

**\$20 per event**

**Registration Closes: June 23<sup>rd</sup>, 2023 8:00 am**

**Practice open 6-8 PM, June 23<sup>rd</sup>**

Coach or parent required during practice

All Participants must sign a disclaimer

**By Noon -June 23, 2023 :** Dive Sheets must be emailed to [CarsonChapmanhhsc@gmail.com](mailto:CarsonChapmanhhsc@gmail.com)

Or dropped off at Hidden Hollow's office

Food Concessions available

Parent or coach **MUST** be present during practice.

Phone: 610-566-9860 [CarsonChapmanhhsc@gmail.com](mailto:CarsonChapmanhhsc@gmail.com) [www.Linvilla.com](http://www.Linvilla.com)